

# September is Hunger Action Month<sup>®</sup>



SUN	MON	TUE	WED	THU	FRI	SAT
1 <b>Hunger Action Month Starts!</b> Wear orange to show your support.	2 <b>Learn</b> In SWFL, 1 in 6 kids & 1 in 8 adults are food insecure.	3 <b>Take Action</b> <b>Hold a Food Drive</b> at your work or school.	4 <b>Learn</b> Harry Chapin Food Bank serves 250,000 people a month.	5 <b>Volunteer</b> Distribute food at our mobile pantry distributions.	6 <b>Raise Some Dough</b> Blaze Pizza in Fort Myers will donate 25% from meal proceeds.	7 <b>Fundraise</b> Start a virtual fundraiser and share on social media.
8 <b>Learn</b> Sign up for a nutrition educational class. <a href="https://harrychapinfoodbank.org/florida-nutrition-education/">https://harrychapinfoodbank.org/florida-nutrition-education/</a>	9 <b>Take Action</b> <b>Hold a Food Drive</b> with your neighbors in your community.	10 <b>Hunger Action Day</b> Hurricane Irma Anniversary	11 <b>Volunteer</b> Volunteer during 9/11 day of service. 9/11 Day of Service.	12 <b>Schedule a tour</b> Sign up to take a tour of the Food Bank.	13 <b>Chapin's Champions</b> Sign up to become a monthly donor.	14 <b>Learn</b> Our Agency Partner Program includes a network of over 170 partners in SWFL.
15 <b>Learn</b> Our partnership with Feeding America allows us to leverage national resources.	16 <b>Learn</b> Our In-School Pantry Program and Harry's Helpings Program help children and families.	17 <b>Grati-Tuesday</b> Today we recognize farmers, wholesalers, and distributors who partner with us.	18 <b>Volunteer</b> Distribute food at our mobile pantry distributions.	19 <b>Take Action</b> <b>Hold a Food Drive</b> at your work or school.	20 <b>Raise Some Dough</b> Blaze Pizza in Fort Myers will donate 25% from meal proceeds.	21 <b>Fundraise</b> Start a virtual fundraiser and share on social media.
22 <b>Learn</b> Our Care and Share Senior Feeding Program helps nourish seniors.	23 <b>Take Action</b> <b>Hold a Food Drive</b> with your neighbors in your community.	24 <b>Become a Fan</b> Tag and Like us on Facebook. <a href="https://facebook.com/harrychapinfoodbank">facebook.com/harrychapinfoodbank</a>	25 <b>Volunteer</b> Organize and pack frozen food products.	26 <b>Thankful Thurs</b> Thanks to Suncoast for sponsoring HAM! 	27 <b>Chapin's Champions</b> Sign up to become a monthly donor.	28 <b>Prepare</b> Build an emergency food kit for your family in preparation for a disaster. Hurricane Ian Anniversary

29  
**Schedule a tour**  
Sign up to take a tour of the Food Bank.

30  
**Make a Gift**  
Support our food distribution programs.



**Harry Chapin Food Bank**  
OF SOUTHWEST FLORIDA

**HARRYCHAPINFOODBANK.ORG**

For every \$1 donated, the Food Bank is able to provide 2 meals.

# Ways you can Take Action

## THIS SEPTEMBER

01

### HOST A FOOD DRIVE

Food drives create an opportunity to work together toward a common worthy goal, to make sure our neighbors don't have to go hungry.

[harrychapinfoodbank.org/give-food](http://harrychapinfoodbank.org/give-food)

02

### VOLUNTEER IN THE WAREHOUSE

Help inspect, sort, and package a variety of food products for distribution.

[harrychapinfoodbank.org/volunteer](http://harrychapinfoodbank.org/volunteer)

03

### MAKE A GIFT

Help support our food distribution programs by making a gift.

[give.harrychapinfoodbank.org](http://give.harrychapinfoodbank.org)

04

### START A VIRTUAL FUNDRAISER

Start a virtual fundraiser and share with your network on social media.

[harrychapinfoodbank.org/fundraise](http://harrychapinfoodbank.org/fundraise)

05

### LEARN ABOUT OUR PROGRAMS

Harry Chapin Food Bank serves 250,000 children, seniors and families each month through a variety of programs.

[harrychapinfoodbank.org/impact-report](http://harrychapinfoodbank.org/impact-report)

06

### VOLUNTEER AT A MOBILE PANTRY DISTRIBUTION

Sign up to help distribute food at our mobile pantry.

[harrychapinfoodbank.org/volunteer](http://harrychapinfoodbank.org/volunteer)

07

### HOST AN EVENT

Host a concert, a carwash, a bake sale, a doggie wash, or a lemonade stand and donate the proceeds support our food distribution programs.

08

### SCHEDULE A TOUR

We'd love to give you a tour of our warehouse in Fort Myers or Naples. Call (239) 334-7007 to make a reservation.

09

### SIGN UP TO BECOME A CHAPIN'S CHAMPION

Sign up to become a monthly donor and make an impact all year long.

[give.harrychapinfoodbank.org](http://give.harrychapinfoodbank.org)